

# Headache 1·2·3 (English version)

Headache 1·2·3 is a simple diagnostic tool that presents the characteristics and treatment options for the most common headache disorders.

Headache 1·2·3 is developed by the Danish Knowledge Center on Headache Disorders in collaboration with clinical experts. The material is based on treatment guidelines from the Danish Headache Center, the Danish Headache Society, and the Danish Neurological Society.

Headache 1·2·3 provides practical guidance on the diagnosis and management of common headache disorders and highlights less common conditions relevant to the differential diagnosis. Each section summarises key clinical features, diagnostic considerations, and current treatment options.

This booklet is designed as a practical aid for diagnosis and treatment and does not constitute a comprehensive review. The recommendations should be considered in the context of each patient's individual circumstances, and responsibility for clinical decision-making remains with the treating physician.

General practitioners and other healthcare professionals working with headache disorders can order printed copies of the leaflet by contacting: [kontakt@videnomhovedpine.dk](mailto:kontakt@videnomhovedpine.dk)

## Materialer



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